

## Understanding Hypertension-Diagnosis and Management

30<sup>th</sup> June 2017, Deakin Centre, Cambridge University Hospitals,  
Addenbrooke's

### Programme

Chair: Prof. Ian Wilkinson

- 09.20**      **Registration & Coffee**
- 09.45**      **Welcome and Introduction to the day: setting the scene**  
Prof. Ian Wilkinson, Professor of Therapeutics, Cambridge University / Honorary  
Consultant, CUH, Addenbrooke's
- 10.00**      **Accurate blood pressure measurement**  
Karen Miles, Nurse Specialist and Research Nurse, EMIT/ Vascular research, CUH,  
Addenbrooke's, Cambridge
- 10.20**      **A Lifestyle approach**  
Kathryn Carver, Lead Nurse - Cardiology, CUH, Addenbrooke's
- 11.00**      **Coffee and Refreshments**
- 11.30**      **Promoting medication adherence & meds optimisation**  
Prof. Una Martin, Professor of Clinical Pharmacology, University of Birmingham
- 12.10**      **Who needs ambulatory and/or home BP measurement?**  
Dr S Burli, SpReg. Clinical Pharmacology, CUH, Addenbrooke's
- 12.30**      **Interpretation of home and ambulatory BP results**  
Dr S Burli, SpReg. Clinical Pharmacology, CUH, Addenbrooke's
- 13.00**      **Lunch**
- 14.00**      **Risk Factors for Hypertension in Young People**  
Dr Carmel McEniery, Senior Research Associate, University of Cambridge
- 14.30**      **The kidney, blood pressure and salt**  
Dr Vik Selverajah, Renal SpR/ PhD student Cambridge University
- 15.00**      **Tea and Refreshments**
- 15.20**      **Hypertension in Pregnancy**  
Prof. Ian Wilkinson, Professor of Therapeutics, Cambridge University / Honorary  
Consultant, CUH, Addenbrooke's
- 15.50**      **Summary final questions and close**